



CHRISTOPHER WEST

# THEOLOGY of the BODY

LOVE & RESPONSIBILITY

IMMERSION COURSE

21-26 JANUARY 2024



CATHOLIC  
ARCHDIOCESE  
OF SYDNEY





# THE THEOLOGY OF THE BODY INSTITUTE COURSES

IN THE ARCHDIOCESE OF SYDNEY

“ And this is why it’s already changing so many lives around the world. The Pope’s teaching helps us distinguish between the real million-dollar bill and the counterfeit. It helps us ‘untwist’ our disordered desires and orients us towards the love that truly satisfies.

- *Christopher West.* ”

As part of its commitment to leadership and formation, expressed in the mission plan *Go Make Disciples*, the Sydney Centre for Evangelisation in the Archdiocese of Sydney has partnered with the Theology of Body (TOB) Institute to provide more accessible opportunities for Catholics in Sydney and beyond to be trained and formed in the Theology of the Body as proclaimed by Pope St John Paul II.

The TOB Institute are the leading providers of outreach and educational offerings of Theology of the Body and are dedicated to making these profound riches available in the lives of men and women around the world.

Through this partnership, our hope is that Australians are introduced and re-energised with this most important and crucial ‘masterwork’ and reach men and women in every state of life with a hopeful, liberating vision of human identity that appeals to the deepest yearnings of the heart for love and union.

“ *It is a huge blessing to be doing this course together with my husband, as it has opened the way for us to share more deeply with each other and understand each other better as husband and wife.*

- *Jane, Wife and Doctor* ”



# TOB: LOVE & RESPONSIBILITY IMMERSION COURSE

**21-26 JANUARY 2024**

**3PM SUNDAY TO 1PM FRIDAY**

**Mt Carmel Retreat Centre, Varroville**

- Five and a half days of live-in learning & interactive lectures (30 hours of graduate/master's level instruction)
- All course workbook and materials to help you focus more on listening and receiving
- Daily Mass, adoration, and confession
- 5-night accommodation in a single occupied room and delicious meals throughout the week
- Time for relaxation and networking
- Gorgeous retreat setting grounds to soak in God's natural beauty

## Course Description

This course is devoted to St. John Paul II's classic pre-papal work *Love and Responsibility* and examines the philosophical foundation of the TOB. Themes include: the dignity of the person as the kind of being that must never be used; sexual attraction and emotion as the raw material of love; integrating sexual attraction and emotion with the dignity of the person; male and female differences; the swallowing of shame by love; and the nature of chastity as a virtue that celebrates the true dignity and goodness of the person and of sexuality.

## Learning Objectives

The course is designed to:

- Explore the philosophical reasons why marriage must be faithful, indissoluble and open to children
- Gain a familiarity of the compatibility and differences in a natural law and a personalist approach to ethics
- Critique utilitarianism
- Explain the personalistic norm
- Differentiate metaphysical, psychological and ethical analyses of love
- Investigate how a study of shame assists in the understanding of chastity
- Discriminate the differences between natural family planning and contraception

This course is perfect for adults (18+) - lay, clergy, seminarians, religious, ministry leaders, parish coordinators, teachers and those who have a passion and desire to dive deeper into *"the rediscovery of the meaning of the whole of existence, the meaning of life"*.

“ The Theology of the Body Institute takes the great scholarship of St John Paul II and translates it into a language, images, music and stories that are understandable and resonate in the heart of the average person.  
- Christopher West. ”

“ The greatest gift Theology of the Body gave me as an affirmation that the deepest longings, desires and yearnings of my own heart for love, fulfillment and intimacy were not only good but holy.  
- Marie, university student ”

## Meet your Instructors and Team:



Dr Christopher West is the most dynamic and compelling evangelists renowned for his mission in spreading the teachings of St John Paul II's Theology of the Body. His global lecturing, best-selling books and multiple audio and video programs have made him the world's most recognised teacher of St John Paul II's "Theology of the Body" – a bold, biblical vision of love and sexuality. He is the co-founder, president and senior lecturer of Theology and Christian Anthropology at the Theology of the Body Institute and a devoted husband and father.



Jason Clark is currently the Executive Director of the Theology of the Body Institute and since 2010, he has served as Christopher's closest collaborator in overseeing the global mission and outreach of spreading St. John Paul II's Theology of the Body. He has a passion for drawing people closer to the heart of Christ and has been doing so since the early 1990s as a youth and young adult minister, a seminarian, a worship leader, a speaker throughout the United States and abroad, and a husband and father of five.



**The Life, Marriage and Family** team in the Sydney Centre for Evangelisation serves the commission of Christ to 'go make disciples'. It walks with families and communities in the Archdiocese of Sydney to promote human dignity and flourishing and seeks to provide opportunities for families to encounter Christ and develop a deeper relationship with Him in the midst of the Church for the transformation of the world.

The team will serve as your local support and point of contact for any queries about the program. They will also be present to assist with any needs during the course.

## Registration Information

Registrations close  
15 December 2023



- Cost : \$1900 AUD.
- Inclusion : Immersion Course with all materials, five nights (single occupied) accommodation and meals.
- Apply : [www.sydneycatholic.org/TOBI](http://www.sydneycatholic.org/TOBI)
- Partial subsidies available for approved students.